

Overview

	Term 1 Health & wellbeing	Term 2 Relationships	Term 3 Living in the wider world	Term 4 Health & wellbeing	Term 5 Relationships	Term 6 Living in the wider world
Year 7	Starting at TAL and mindfulness Transition to secondary school, equality pledge managing emotions	Respectful relationships and diversity Respect and friendship Diversity, prejudice, and bullying.	Digital literacy Online safety, digital literacy, media reliability, and gambling hooks	Health and puberty Healthy routines, influences on health, puberty, sexual harassment, and FGM	Building relationships Self-worth, romance and friendships (including online) and relationship boundaries	Looking after your money Saving, borrowing, budgeting and making financial choices
Year 8	Emotional wellbeing Mental health and emotional wellbeing, including coping strategies	Peer influence and gangs Healthy and unhealthy friendships, assertiveness, gang exploitation, Prevent, county lines.	Keeping safe online The risks, responsibilities and legislation around online activity.	Drugs and alcohol Alcohol and drug misuse and pressures relating to drug use	Discrimination Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia. Support through TALLies	Developing skills and aspirations/community and careers. Equality of choice in careers. Careers, teamwork and enterprise skills, and raising aspirations. Responsible activity – ways in which citizens can positively contribute to their community.
Year 9	Healthy lifestyle Diet, exercise, lifestyle balance and healthy choices.	Addressing extremism and radicalisation Communities, belonging and challenging extremism.	Setting goals Learning strengths, career options and goal setting as part of the GCSE options process	Exploring influence The influence and impact of drugs, gangs, role models and the media.	Respectful relationships Families and parenting, healthy relationships, conflict resolution, and relationship changes	Employability skills Employability and online presence
Year 10	Mental health Mental health and ill health, stigma, safeguarding health during periods of transition or change.	Financial decision making The impact of financial decisions, debt, gambling and the impact of advertising on financial choices. The impacts that financial decision-making can have on all relationships.	Citizenship Government within and outside of the UK. Electoral systems within and outside of the UK.	Independence Responsible health choices, and safety in different contexts.	Families Diversity within the UK and the importance of tolerance and understanding. Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships.	Citizenship Local, regional and international governance and the United Kingdom's relations with the rest of Europe, the Commonwealth, the United Nations and the wider world. Human rights and international law. the legal system in the UK, different sources of law and how the law helps society deal with complex problems