

Week 1: What are my transferrable skills, abilities and interests? How can I demonstrate these?

Transferable skills are your abilities than can be used in a variety of ways. You have developed many of these throughout your time at TAL.

Skill	This could be demonstrated by...
Decision making	Playing in a sports team, making decisions under pressure.
Communication	Being a TAL ambassador and communicating the views of students.
Leadership	Captaining a team.

This means that whilst you take part in lessons, Involve and Empower you are gaining important skills that you will be able to transfer into your careers. The universal framework for skills have identified 8 important skills. Having these skills will make you more employable.



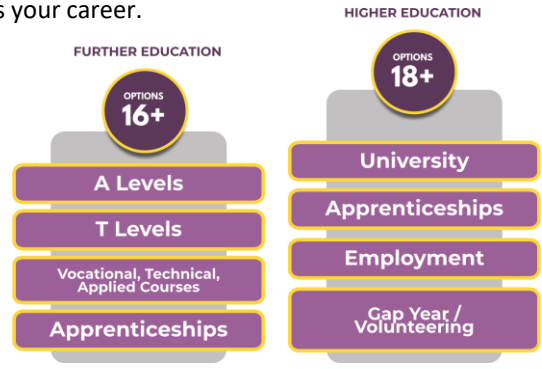
Steps you can take:

- 18** Talk to a member of school staff about your career aspirations.
- List your transferrable skills.
- How could you evidence the skills above?

Week 2: What are different types of employment and education pathways?

When you have a national insurance number, you have the legal right to work. In the UK you need to be 16 to work. Employment can be part time (only working part of the week), or full time (working the full week). You can also be employed by someone else or self-employed.

There are different education pathways available for you to take. Each one will provide a different way of helping you progress your career.



There are also many opportunities to continue your education whilst in employment. Apprenticeships and supported internships give students the opportunity to study whilst earning.

Steps you can take:

- 23** List three potential options available to you after your GCSEs.
- Which post 16 options are you interested in?
- How do your education pathways support your future career?

Week 3: How do I personally feel about future employment?

At your age, some people might know what they want to do when they are older, however some people might not. Whether you know or not, research is essential to helping you understand education requirements for future careers.

Research the transferrable skills that may be essential for your career, start working on these. Some jobs might also require certain qualifications. If you know the job you would like, you can work backwards to see which would be your next step.

These steps might make you feel nervous. You can follow the below steps to help you feel more confident in your decisions:

- Build Stamp 21/22- Attend Options evening with your parent/carer on the 29th January. Ask as many questions as possible to help with your research. Then complete your options form and submit your preferences.
- Build Stamp 20. You will receive this log in next term. Use the QR code to see the website to see what resources are available for you.
- Speak to a trusted adult about careers. In term 5/6 you will also have the opportunity to book a slot with a careers advisor.

Conversation starters for friends/family:

Have you always wanted to be a _____? What did you want to be when you were younger? What changed your mind/ what made you want to do this? How did you get into this career? What qualifications helped you achieve this?

Follow the QR codes below to access more information, advice and support.

Use the QR code to take you to the skills builder framework.



Use the QR code to explore your post 16 options.



Use the QR code to visit the Morrisby website.



Y9 Personal Development Term Living in the wider world.

Week 4: How can I work towards my aspirations and set meaningful and realistic goals for the future?

Once you have done your research, you can start to consider what it takes to get into the career you would like. This means understanding what transferable skills you need to gain/develop, as well as what qualifications you need.

When setting targets, it is important that these are SMART.

Specific	The goal needs to be clearly defined and specific. <i>E.g., I need 5 GCSEs at grade 5.</i>
Measurable	You must be able to track the progress of your goal. <i>E.g., I would like to increase my % score by 5%.</i>
Achievable	The goal must be realistic. <i>E.g., I am going to revise for 30 minutes every night.</i>
Relevant	It must be aligned with your goals. <i>E.g., Relevant to your career aspirations.</i>
Timely	There must be an end point. <i>E.g., I will check my progress in 6 weeks.</i>

Steps you can take:

1. Research the grades needed for your next steps.
2. Set yourself a SMART target to help you achieve a goal in Year 9.
3. Set yourself a SMART target for your career.

Week 5: What should I consider when thinking about GCSE and post-16 options?

It is important that you attend the Options Evening to understand the options available to you. At TAL we offer a range of subjects, in addition to your core subjects. All Year 10 students will complete Level 3 qualifications in; Maths, English, Science, History/Geography, Spanish. In addition to this you will be able to choose other options.

How to pick your options:

1. Start with the end in mind. Will your options help you with your career ambitions?
2. Pick a subject you will be successful in.
 - o Do you enjoy the subject?
 - o What are your grades like in the subject?

Bitesize has some resources to help you make an informed decision. QR code below.



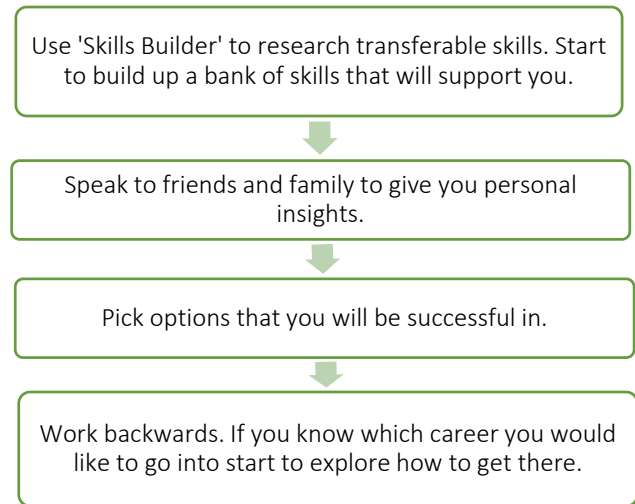
There will be lots of options available so it is important you assess which subjects will make **you** successful. Other people may pick different subjects, and that is okay..

Steps you can take:

1. Look at your reports, which subjects are you successful in? Look at effort as well as grades.
2. Speak to friends and family.
3. Speak to your teachers.

Week 6: What skills can I use when making a decision?

Over the last 6 weeks, we have looked at different pathways you may take in your educational career. The final thing to understand is how you can make a decision for you. Think about this chronologically.



Steps you can take:

Skills builder- Skill 3 Problem Solving. Work through the tasks to identify how to solve problems. This can help you make better, more informed decisions.

Skills builder: Skill 6 Aiming High. Work through the tasks to set yourself clear tangible goals.

Follow the QR codes below to access more information, advice and support.

